

Importanza Ed motoria intervista

<https://youtu.be/sOj2vwz6gP0>

esercizi di base

[https://youtu.be/rxXapMVg\\_XA](https://youtu.be/rxXapMVg_XA)

ed fisica e disabili progetti

[https://youtu.be/P9g5a21K\\_2I](https://youtu.be/P9g5a21K_2I)

sport anchio progetto

<https://youtu.be/nmcSUX9MvSw>